

THE LEADERSHIP LAB: WOMEN IN LEADERSHIP WORKSHEET



reflection

WHAT UNSPOKEN EXPECTATIONS DO I CARRY AS A WOMAN IN LEADERSHIP?

WHEN DO I FEEL PRESSURE TO LEAD IN A WAY THAT DOESN'T FEEL AUTHENTIC?

activity

POWER & PRESENCE INVENTORY: COMPLETE THE TABLE BELOW

LEADERSHIP AREA	HOW I SHOW UP NOW	HOW I WANT TO SHOW UP
VOICE & AUTHORITY		
BOUNDARIES		
DECISION-MAKING		
SELF ADVOCACY		

action

WHAT IS ONE BOUNDARY, CONVERSATION, OR DECISION I WILL COMMIT TO THAT HONORS BOTH MY LEADERSHIP AND MY HUMANITY?