

THE LEADERSHIP LAB: NEW ROLES OR TRANSITIONS WORKSHEET



reflection

WHERE IN MY CURRENT ROLE DO I FEEL MOST "OUT OF ALIGNMENT"?

WHEN HAVE I COMPROMISED AUTHENTICITY TO FIT A ROLE, CULTURE, OR EXPECTATION?

WHAT TRUTHS ABOUT MYSELF AM I READY TO OWN IN TERMS OF MY STRENGTHS AND LIMITATIONS?

activity

USE THIS CLARITY TABLE BEFORE ACCEPTING OPPORTUNITIES, ROLES, OR COMMITMENTS.

WHAT OTHERS MAY ASK	WHAT TO ASK YOURSELF	MY AUTHENTIC RESPONSE
WILL THIS IMPRESS OTHERS?	DOES THIS ALIGN WITH MY VALUES?	
CAN YOU DO IT?	DO I WANT TO BECOME WHO THIS ROLE REQUIRES?	
IS THIS A GOOD OPPORTUNITY?	IS THIS A GOOD OPPORTUNITY FOR ME?	

action

WHAT IS ONE BOUNDARY, DECISION, OR CHANGE I WILL MAKE TO LEAD WITH GREATER ALIGNMENT?